

# Welcome to our Classroom



OUTDOOR RECREATION, TEAM BUILDING & ADVENTURE

[www.gorideawave.com.au](http://www.gorideawave.com.au)



## WHY CHOOSE GO RIDE A WAVE?

Go Ride A Wave is Australia's largest Surf School, since 1987 we've been the industry leaders in curriculum-driven outdoor group activities for students. Go Ride A Wave doesn't just teach kids to stand up on a board. We engage students with a range of outdoor education activities geared toward building esteem, respect, teamwork and a love for the outdoors.

Led by trained professionals who tailor each program to meet the unique needs of each school group, our outdoor education activities are held at the safest beaches with our unique risk management approach ensuring everyone has a fun, safe experience .

*We are industry leaders in outdoor adventure education and recreation.*

*We offer a unique, safe, enjoyable experience. Our aim is to provide outstanding service and instruction to all our clients.*

### NATURAL ENVIRONMENT

Our programs are held in beautiful, iconic locations chosen for their breathtaking scenery and suitability as a safe venue for students of all abilities. Go Ride A Wave's programs encourage students to become immersed in the beauty of the location and to interact with the environment around them.

We are big believers in getting outside and enjoying the fresh air and amazing coastline. The sensation of sea breezes and salty surf is something your students will remember for years to come.

### OUR PEOPLE MAKE THE DIFFERENCE

Our staff are highly trained, qualified outdoor education experts who deliver programs all year round and know exactly how to engage your group to maximise participation. Although the outdoors is their passion, our team is equally concerned with customer service and ensuring each school gets the most out of their experience with us.

### GROUP OUTCOMES

Before the fun begins, our outdoor education experts will listen carefully to your group's needs to ensure you have the information you need to choose the most appropriate program. We understand that each school group is unique and take very seriously our commitment to delivering the outcomes you seek for your students.

### FLEXIBILITY

We know we can cater for your group, regardless of your needs. Go Ride A Wave has carefully crafted a range of outdoor education activities that offer maximum flexibility, ensuring that participation is maximised and everyone has a great day. If you prefer, we can customise your experience around the theme of your group program or camp – whether it be curricular or socially based to inspire cohesion or teamwork.

### SOMETHING FOR EVERYONE

We set the starting point for each of our outdoor education programs at a range that invigorates even students reluctant to participate in an exercise-based activity. Our activities are pitched so everyone can participate and have fun with our outdoor education experts providing an encouraging, supportive environment.

### EQUIPMENT

Go Ride A Wave uses the best and safest equipment available. We have a full time maintenance team and regularly assess and upgrade our equipment to ensure it is safe, presented well and ready to give your students a fantastic outdoor experience.



## OUR ACTIVITIES



### SURFING



Find out just how easy surfing really is. By using the best equipment and our experienced outdoor ed team, your students will be up on a board in no time - 'hooting' all the way up the beach. About 90 per cent of students stand up in their first lesson and you'll be surprised by how quickly your group can improve in a short time, especially if you have multi-lessons and try different beaches.

If needed, your students will be outfitted in quality wetsuits making this a year-round, all-weather surfing experience that will leave them wanting more!



### BODYBOARDING



Bodyboarding is something everyone can do and is a great introduction into surfing. Your students will experience the thrill of catching waves and riding them onto the beach, under the guidance of our experienced staff, who will make sure everyone is having a safe, fun time.

Why not back up their body boarding experience with a surfing lesson to give them the ultimate beach experience?



### SURF / BODYBOARD COMBINATION



If your school lacks time and funds, but wants to give students the ultimate beach experience – why not try a Surf / Bodyboard Combo?

Students can try both surfing and bodyboarding in the one lesson, giving them two very different surfing experiences. Within this two-hour lesson, we usually split the group into two, spending 1 hour surfing and 1hour bodyboarding before we swap over.



### TEAM BUILDING/INITIATIVE



Do you have a group that needs to build friendship, self esteem and a team mentality? Our popular Initiative Program challenges students with a series of tasks that need everyone to take part to complete. Tasks enhance important life skills including innovation, teamwork, communication and problem solving.

Go Ride A Wave team leaders can also highlight issues such as conflict management, leadership styles, personality types and group dynamics in a supportive environment to build self esteem. Programs are tailored for each group can run for two to three hours, or over a series of days.



### AMAZING RACE - NEW



Absolutely capture your students' attention by throwing them into the middle of their own 'Amazing Race' that has all the drama and excitement of the real thing.

You choose the destination and we develop a range of fast-paced, competitive challenges accessible to all fitness levels that take students on a dramatic journey to the finish line. Along the way they'll need to flex their physical and mental muscles to be in with a chance to win. For Year 9 and above, these events can be developed for small classes to a whole year level competing at once.



### SIT ON TOP KAYAKING



Our sit-on-top kayaks are designed for complete beginners and are the best in the industry.

Whether you choose kayak surfing or kayak trips and games, our skilled and experienced instructors will advise you in the basics of kayaking, and be alongside you every step of the way.

# OUR ACTIVITIES



## KAYAK SURFING



Kayak surfing is easier than you think with students experiencing a buzz of excitement with each wave they catch. Our two-person kayaks are easy to paddle out through the surf and provide optimum safety with students sitting on top of the kayak, and not inside a boat.

If they capsize, they simply roll off and must use teamwork to climb back on – encouraging them to bring forward their communication and problem solving skills.

This activity is suitable for students in Year 9 and above, and we only select locations that are safe and offer the right surf conditions.



## KAYAK TRIPS & GAMES



Gentle waters of rivers and bays are ideal for kayak trips and games because they offer a calm environment and easy access to the water's edge.

Kayaking sessions are broken up to teach a mixture of basic kayaking skills before students paddle their way through games and some short-course journeys. Our sit-on-top kayaks are extremely safe with students rolling off if they capsize, rather than being caught on a boat. Why not consider a morning of fun on the flat water before taking the kayaks out to sea for a session of kayak surfing in the afternoon?



## SURF SAFETY



Not everyone's familiar with the beach environment making Go Ride A Wave's Surf Safety sessions a must for students. Our expert staff teach water safety, ocean awareness and surf lifesaving techniques and even students who feel they know the beach well walk away with a greater appreciation of the power of the surf and the dangers it can bring.

We provide in-depth information about rips, currents, board and tube rescues, how to safely enter and exit the surf, and the importance of body surfing. These sessions are an excellent lead-in to any of our programs and many schools use this as their first camp activity and to build students' confidence.



## SURF CARNIVAL



Fun, laughter and team spirit are the hallmarks of the Surf Carnival program. In a similar format to surf life saving carnivals, this extremely popular program is modified to suit a range of fitness levels so everyone feels comfortable taking part.

The Surf Carnival involves three types of activity – water, beach and novelty. All activities are led by our outdoor education experts and are designed to encourage maximum participation and involvement with an emphasis on fun and teamwork.



## LIFEGUARDING



Is your school group looking for a fun, lazy and safe day at the beach? Your group can spend a relaxing (yes, even for the staff) full or half-day playing on the sand or in the water overseen by our qualified team.

Current educational standards are 1:5 with one qualified lifeguard for every 20 students. If you have a big group we can easily supply additional lifeguards to work on rotations, ensuring everyone has a safe time in the water.

## ACTIVITY RATINGS

### 1 SURFER



**Instructor to student ratio:** 1:8  
**Fitness level required:** Low  
**What to bring:** Towel, bathers, water to drink  
**What is supplied:** Surfboard, wetsuit/rash shirt, sunscreen

### 2 SURFERS



**Instructor to student ratio:** 1:10  
**Fitness level required:** Low  
**What to bring:** Old clothes, solid footwear, drinking water  
**What is supplied:** All equipment & instructions

### 3 SURFERS



**Instructor to student ratio:** 1:6  
**Fitness level required:** Low  
**What to bring:** Towel, bathers, drinking water  
**What is supplied:** Kayaks, wetsuit/rash shirt, PFD, sunscreen

### 4 SURFERS



**Instructor to student ratio:** Surf Carnival 1:20  
 Surf Safety 1:8  
**Fitness level required:** Low/Med/High  
**What to bring:** Towel, bathers, water to drink  
**What is supplied:** All equipment, wetsuit/rash shirt, sunscreen



## For Further Enquiries

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## Surf Coast

Ocean Grove  
 Torquay  
 Anglesea  
 Lorne

## Gold Coast

Surfers Paradise  
 Northcliffe

## Sunshine Coast

Noosa  
 Sunshine Coast  
 Maroochydore  
 Mooloolaba